



# Creating Hope: Journaling through Collage

Self-expression through repurposing and layering materials



# Expression through Layering & Repurposing

## Artist Spotlight

Yinka Shonibare

<https://yinkashonibare.com/>

Yinka Shonibare, is a British-Nigerian artist who lives in the United Kingdom.

Shonibare creates from experiences in his life and what’s around him.

His work explores post-colonial, cultural identity.

In Shonibare’s, *Feeling Free Like a Bird* (2023), he layered and repurposed brightly colored fabrics onto the surfaces.



In Shonibare’s, *Line Painting* (2003), he combined emulsion and acrylic paints with dutch wax on various cotton fabrics.

\*photo from the artist’s website: [yinkashonibare.com](https://yinkashonibare.com)

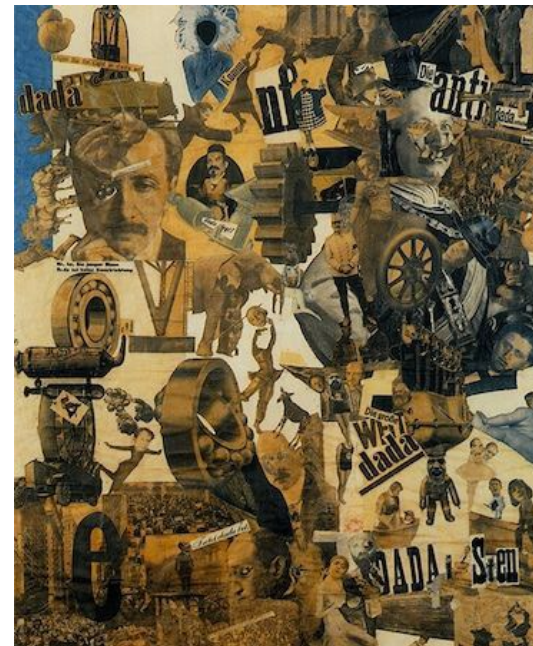


## Investigate | Guiding Questions

### Collage: the History and Evolution

- Which artist(s) or art genre(s) did you explore?
- How are materials used and repurposed?
- How does layering and composition impact expression?
- What else do you notice?

Explore an artist or genre of collage from:  
<https://mymodernmet.com/collageart/>



Dada Collages by Hannah Höch & Kurt Schwitters from linked My Modern Met site above





## Hope Through Journaling

### Artist Spotlight

Janice Lowry

<https://www.janicelowry.com/>

Janice Lowry (1946-2009) was known for her use of various media and techniques to create collages and assemblage art, which is a type of 3-D-relief collage.

Pages from Lowry’s journals can be viewed on the Smithsonian’s website:

<https://www.aaa.si.edu/collections/janice-lowry-papers-13665>

Smithsonian Institute collection:

<https://www.aaa.si.edu/collections/janice-lowry-papers-13665>

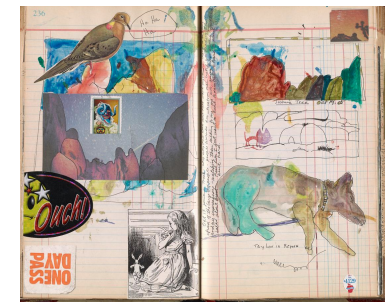
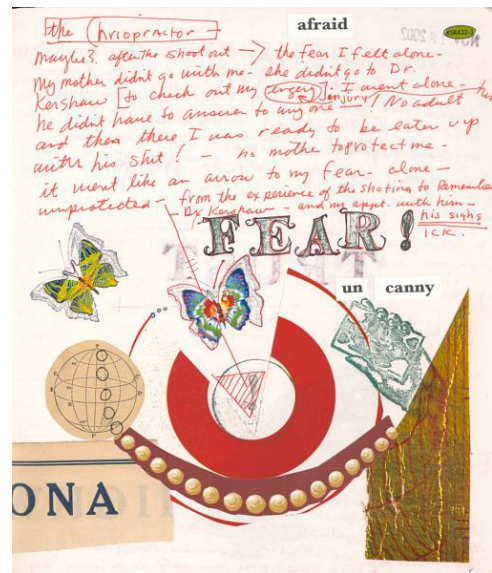
[https://www.si.edu/object/janice-lowry-journal-93%3AAAADCD\\_item\\_14735](https://www.si.edu/object/janice-lowry-journal-93%3AAAADCD_item_14735)

### Emotional Expression

Lowry’s work highlights how journaling can provide a way to work through complex emotions.

### Building Community

Sharing with others in safe spaces can build community through shared vulnerability.



\*Click to explore more of her pages:  
<https://www.aaa.si.edu/collections/janice-lowry-papers-13665>



# Create: Collage Journal

## Journal Options

- DIY (do-it-yourself) folded Zine-style journal
- Altered book-style journal (using a discarded/old book)
  - may need to glue some pages together or rip out so there are less pages.

Which type  
Of collage  
Journal do  
you want  
to create?

### Collage Materials

- Scrap paper
- Tissue paper
- Recycled papers
- Old wrapping paper
- Old postal stamps
- Cards
- Junk Mail
- Candy wrappers
- Stickers
- Magazines/Newspapers
- Stamps
- Sketches or cut up art
- Fibers
- Yarn
- Fabric

Go to next  
slide for  
option info



### DIY (do-it-yourself) folded Zine-style Journal

DIY Zines have been around for decades and more recently gained popularity during the Covid-19 pandemic.

The following sites have more information about Zines and Zine-making:

- [SantaCruzMAH.org](https://www.santacruzmah.org/zines) (zines page)
- [Whitworth University Library](https://www.whitworth.edu/library/zine-making) (zine-making page & resources)

Click for followable instructions from the San Mateo Library



Click for instructions from the Withworth University Library



NOTE: You'll be using your foldable Zine as a collage journal – not for drawing as videos show.



### Altered-book-style Journal (using a discarded/old book)

Many centers and museums for book arts showcase a variety of books such as the Bainbridge Island Museum of Art.

Click to explore:

<https://www.biartmuseum.org/artists-book-collection/>

\*You may need to glue some pages together or rip out pages, so the book has less or is more manageable.

Click for followable instructions to prepare an altered journal from artist, Karen Campbell

